

Special Issue

Emerging Substances: THC Drinks and Kratom

WHAT'S TRENDING? KRATOM



Wisconsin
Poison Center
Serving people of all ages.

What is Kratom?

Kratom is an herbal substance from the leaves of a tree. It contains a chemical compound called 7-OH (7-hydroxymytragynine). Kratom and 7-OH have not been found to be safe.

Why is this important? Kratom and its components are not allowed in Wisconsin. But products that contain these items are still used across the state.

- They can be found in a **variety of forms**: gummies, drink shots, seltzer drinks, tablets, or capsules.
- They can be sold at: gas stations, convenience stores, vape shops, and online.

What you should know:

- Products can be **habit-forming and addictive**. Using them can cause trouble breathing, nausea, throwing up, confusion, hallucinations, delusions.
- They **may be marketed as a healthy option**, instead of alcohol or caffeine.
- Products do not go through quality or safety checks. They are **not regulated** in the United States.
- They use flavors, colors, and pictures to **attract children**.



Scan for
additional
information



WHAT'S TRENDING? THC DRINKS

**POISON
HELP**
1-800-222-1222

**Wisconsin
Poison Center**
Serving people of all ages.

What is THC?

THC, (tetrahydrocannabinol), is the part of the cannabis plant that causes a high. THC use may have a wide range of health effects on the body.

Why is this important? Cannabis/marijuana is not allowed in Wisconsin, but products that contain THC are still sold across the state, especially in drink form.

- **THC drinks can be found in a variety of forms:** teas, sodas, sparkling waters, and energy drinks.
- **THC drinks can be sold at:** shops, bars, and restaurants, and are commonly marketed similarly to alcohol.

What you should know:

- Because these products are not regulated, **the amount of THC in each drink may not be clear or accurate.**
- Some THC drinks may contain unknown or inconsistent ingredients.
- **Drinking too much THC can cause unwanted effects.**
- Bright packaging and sweet flavors may **attract children.**
- Store all THC products locked **up, away, and out of sight.**

