

# Edible Awareness: A Guide for Parents



Prevent Exposures through Education



**Wisconsin  
Poison Center**  
Serving people of all ages.

## Additional Resources

### Substance Abuse and Mental Health Services Administration (SAMHSA)

Call 1-800-662-HELP  
(4357) for 24/7, free and  
confidential treatment  
referrals or for information  
about mental and/or  
substance use disorders,  
prevention and recovery.

### 988 Suicide and Crisis Lifeline

Call or text 988 if you  
or someone you know  
is experiencing suicidal  
thoughts, substance use or  
other mental health crises.

### Wisconsin Poison Center

Visit [linktr.ee/  
poisonpreventionresources](https://linktr.ee/poisonpreventionresources)  
or scan the QR code below  
for more information on  
poison prevention.



# 1-800-222-1222

**Calls are free and confidential.  
Help is available 24 hours a day,  
365 days a year.**

Interpreters are able to help all  
non-English-speaking callers.

For hearing impaired,  
TTY (414) 266-2542



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PO Box 1997  
Milwaukee, WI 53201-1997

1-800-222-1222  
[wisconsinpoison.org](https://www.wisconsinpoison.org)

Cannabis edibles (commonly called 'edibles') are food or drink products that contain cannabinoids, like THC, which is the part of the cannabis plant that causes a high.

### Enticing Appearance

#### Watch out for look-alike products.

Edibles come in many forms, such as **candies, cookies and drinks**. Their packaging often looks like popular brands that kids know, so it's easy to confuse them with regular food or candy. This makes safe storage of these products very important. Make sure to store edibles away from food and out of a child's reach.



### Prevention Strategies

**Accidental cannabis exposure is preventable.** Kids are at a higher risk for cannabis poisoning, so teaching children about the risks of using cannabis is important. Here's what you can share with your child or teen:

- Kids are at a higher risk to get poisoned by cannabis. If a child eats THC edibles, they might have trouble walking, sitting up or breathing. Other signs could include confusion, slurred speech, nausea, dizziness, and being very sleepy or unresponsive.
- Developing brains are vulnerable to the harmful effects of cannabis. Studies show that regular cannabis use may affect parts of the brain needed for attention, memory and learning. \*More research is needed to understand the long-term effects.
- Using THC often during youth is linked to a higher risk of mental health problems later in life.

### Safe Storage

**Remember, recreational cannabis use is not legal in Wisconsin at this time.** Store them safely, out of a child's reach, by finding a spot in your home that is too high for children to reach or see. If possible, store products in a locked cabinet, medication lock box or safe. Always keep the products in their original containers with labels intact and store products away quickly after use.



**If your child has ingested cannabis, or if you or someone you know is showing signs they have used too much cannabis, call 1-800-222-1222.**

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