

**National Poison  
Prevention Week  
March 15-21, 2026**

Who should I call?

**Poison  
Help line**

or

**911**

**POISON  
HELP**  
1-800-222-1222



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**If you have a question about  
poisons or if someone:**



**Took the wrong  
medicine or too much.**



**Swallowed something  
you're not supposed to.**



**Breathed in (inhaled)  
something harmful.**



**Got poison in the eyes.**



**Got poison on the skin.**

**Call the Poison  
Help line at  
1-800-222-1222**

**POISON  
HELP**  
1-800-222-1222



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Call **911**  
if someone



Is having a seizure.



Is having trouble  
breathing.

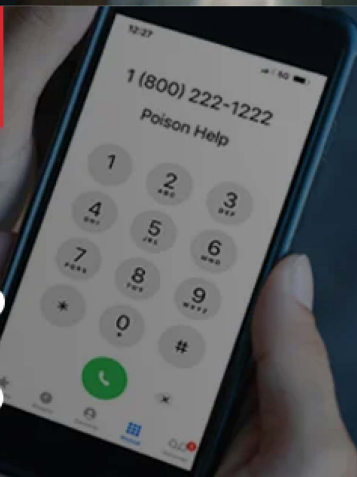


Is unconscious or  
unresponsive.

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HELP**  
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**POISON  
HELP**  
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#NPPW26

When the  
Unexpected  
Happens  
We're Here for You.