What about carbon monoxide detectors?
The U.S. Consumer Product Safety Commission (CPSC) recommends consumers purchase and install carbon monoxide detectors that sound an alarm when the level of carbon monoxide is high enough to be dangerous. (UL2034)
Each home should have at least one carbon monoxide detector outside each bedroom.
At no time should a CO detector be seen as a replacement for proper use and maintenance of your fuel-burning equipment.

What should I do if I suspect carbon monoxide poisoning?
• Get into fresh air immediately.
• Call the Poison Center at 1-800-222-1222.

Carbon monoxide season

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Call toll-free seven days a week.
For hearing impaired: TTY (414) 266-2542
Interpreters are available to help all non-English speaking callers.

For poison education information contact:
Children’s Hospital of Wisconsin
Wisconsin Poison Center
Cathy Smith
csmith@chw.org
(414) 266-2630
What is carbon monoxide?
Carbon monoxide (CO) is a colorless, odorless, tasteless gas. It is produced when fuels such as gasoline, fuel oil, propane, kerosene, natural gas, coal and wood do not have enough oxygen to burn completely.

Most common sources of carbon monoxide
CO is most commonly produced by equipment such as cars, furnaces and boilers that have not been properly maintained or serviced.

Causes of carbon monoxide poisoning
Inhaling smoke from fires is the most common form of CO poisoning. Cigarette smoke and car exhaust are the largest sources of frequent CO exposure.

How to prevent carbon monoxide poisoning
By taking the following steps you can prevent CO poisoning:
• Have your car and all fuel-burning appliances in your home regularly inspected and maintained.
• Never leave a car running in an attached garage.
• Keep your car’s tailpipe clear of snow and other obstructions.
• Never burn a charcoal grill indoors or in a garage.
• Don’t sleep in any room with an unvented gas or kerosene space heater.
• Keep appliance exhaust vents clear of snow and ice.
• Don’t use a gas oven to heat your home.
• Don’t use gasoline-powered engines (for example, lawn mowers and snow blowers) in enclosed spaces, such as inside houses, garages and sheds.

Symptoms of carbon monoxide poisoning
Symptoms often are mistaken for those of the flu. They include:
• Severe headaches
• Vomiting
• Sleepiness
• Nausea
• Dizziness

Unlike flu symptoms, there is no fever with CO poisoning. Symptoms tend to clear up when people go outside and breathe fresh air. Children and the elderly may show symptoms earlier, and pregnant women are at a higher risk for CO poisoning.