Mr. Yuk means no!

If you have small children, you spend a lot of time teaching them about the things they should not do and should not touch. But who says "no" when you're not around?

Your house is filled with many products that make life easier and more pleasant, yet they can be dangerous if children eat them, touch them or breathe in their fumes. Keep the following tips in mind when teaching your children about poisons:

- Cosmetics, cleaning supplies and medicines can be harmful, even fatal, to curious children.
- To help your children know to stay away from dangerous items, put Mr. Yuk stickers on the items and explain that anything with the Mr. Yuk sticker on it is not to be eaten, smelled or touched.
- Mr. Yuk stickers work best when your children are with you when you put the stickers on dangerous things.

In addition to being a good warning signal, Mr. Yuk stickers also have the emergency telephone number of the Wisconsin Poison Center printed on them. The center's medical experts are ready to deal with accidental poisonings 24 hours a day, seven days a week.

Order Mr. Yuk stickers at **wisconsinpoison.org.**

Cover photo courtesy of Curtis J. Cowgill.

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Prevent poisonings at home

Medicines and other products can hurt you if they are used the wrong way, in the wrong amount or by the wrong person. Put Mr. Yuk stickers on the things listed below.



Have questions?

All questions about poisons are smart questions.

Ask FIRST to prevent poisoning!





Call toll-free seven days a week.

For hearing impaired: TDD/TTY (414) 266-2542

Interpreters are available to help all non-English speaking callers.

Wisconsin Poison Center is nationally certified by the American Association of Poison Control Centers.



Scan this QR code on your smartphone to automatically add the Poison Help phone number to your contacts list.

How you can help

While poison prevention, consultation and treatment assistance is free to the public, the expertise needed to handle poison emergencies is costly. Your support helps us continue to provide the education and resources to reduce unintentional poisonings. Learn more about how you and your company can support Wisconsin Poison Center at wisconsinpoison.org.

Hospitals and health care facilities across the state recognize the value of the services the poison center provides. They have committed to partner with the poison center by joining the Wisconsin Poison Center Network so our services can continue. View a list of members at wisconsinpoison.org.

Protect your family from poisons





Wisconsin Poison Center

Tips to make your home safe

Keep all medicines, poisons and household chemicals away from children and away from food. Never leave them on the bedside table, kitchen table or bathroom counter. Lock them up if possible.

2 Teach children never to put medicines, chemicals, plants or berries in their mouths unless an adult says it's OK. At an early age, teach children that some pretty things, like vitamins and aspirin, can hurt them.

3 Never store medicines, poisons or household chemicals in food or beverage containers. Children could mistake it for a treat.

Read all labels. Follow the instructions and measure carefully. Open and take medicines only when the lights are on.

5 Do not take medicine in front of children since they like to copy adults. Never call medicine "candy" to get a child take it.

6 Never carry medicine in your purse or diaper bag because children like to play with them. Children can open child-resistant or childproof containers!

Never siphon liquid, like gas, from one container to another.

8 Keep windows or doors open or run fans when using cleaning products. Never mix cleaning products together.

Protect skin and eyes with goggles and gloves when using insect killers, solvents, garden spray, etc.

Do not eat or serve foods that smell or look spoiled. Keep hot foods hot and cold foods cold.

Never use syrup of ipecac for a poison emergency. It is no longer recommended.

2 Work together with your child to put Mr. Yuk stickers on dangerous substances.



In case of accidental poisoning

- When a poisonous substance is swallowed, do not give the person anything to eat or drink. Call the Wisconsin Poison Center immediately.
- If the substance touches the skin or gets in the eyes, wash the area with warm water for 20 minutes.
- If the person breathes in the poison, get him or her into fresh air for 20 minutes.

The national poison center toll-free telephone number is 1-800-222-1222. This number connects you to the nearest poison center in your area.

Bring the product or bottle to the phone so you can read the label to the staff at the poison center. Tell the nurse:

- What was taken
- How much was taken
- When it was taken

Protect

vour little

ones from

curiosity.

their natural

• Age and weight of the person





Education programs

In addition to sponsoring the Mr. Yuk program and providing poison information and treatment, the poison center has year-round programs to teach health care professionals and educators how to prevent accidental poisoning.

For education information, please visit **wisconsinpoison.org** and leave your request and contact information.



Call toll-free seven days a week.