

## Vaping Risks for Children

*WI Poison Center*



### What to Know:

- Liquid nicotine is used in vape and e-cigarette devices and can be very dangerous to children if they drink it.
- A child only needs to be exposed to a small amount of liquid to cause possible life-threatening health effects.
- The amount of nicotine is higher in e-liquids than in other tobacco products and may contain more nicotine than one pack of cigarettes.



### Signs & Symptoms:

- Dizziness or tremors;
- Nausea or vomiting;
- Fast heartbeat;
- Loss of appetite;
- Headache or confusion; and
- High blood pressure.
- Severe poisoning can cause seizures and death.

### Products:

- These devices are often designed to look like everyday items including [school supplies](#) — drinks, pens, Sharpies/highlighters, USB drives, smart watches, toys, phone cases, hoodies, backpacks, and more.
- Parents need to know that these products may come into the home by older siblings, relatives, babysitters, and guests.



## Actions You Can Take:

- X** Anyone who vapes should avoid leaving nicotine products on the counter, nightstand, drawer, in a jacket/sweatshirts, purse/bags, or car.
- ✓** **Safe storage is key.** It is dangerous to rely on child-resistant packaging to prevent exposures. Child-resistant does not guarantee the child will not get into the product. The safest option is to keep devices and their refill cartridges/bottles locked up when you're done using them. Otherwise, store them up high and out of sight.
- X** Do not vape in front of children or mention that the flavored liquids taste good because children are likely to imitate what they see.
- ✓** If you think a child consumed any amount of liquid nicotine, contact the Wisconsin Poison Center right away for treatment recommendations by calling **1-800-222-1222**.



**Questions? Call the Poison Center!**

**1-800-222-1222**

**Wisconsin  
Poison Center**

Serving people of all ages.