

Wisconsin Poison Center – Holiday Plants

Holiday plants are ideal for gift giving. Are you considering giving a seasonal plant to a family with small children? Look up the plant name to find out if it's poisonous before giving it as a gift. **Call the Wisconsin Poison Center at 1-800-222-1222 and get the information you need to help prevent plant poisonings.**



Poinsettia

- When eaten in large amounts this plant may cause stomach irritation, nausea, vomiting or diarrhea, but not considered to be highly poisonous.
- The milky sap may cause skin irritation-itch or burning, especially for those with latex allergies.



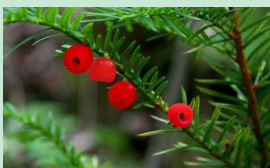
Holly

- Eating a few of the berries usually causes mild to moderate stomach upset and possible drowsiness. Other common symptoms are vomiting and possible diarrhea.
- If someone eats more than a few berries, call the Poison Center for more information.



Bittersweet

- All parts of the plant are poisonous.
- The highest amounts of toxin are found in the unripened (green) berries.
- The poison in this plant may cause a decrease in heart rate, drowsiness and headaches.



Pines

- Eating any part of the Yew plant (pictured) can cause seizures and coma. If someone eats any part of this plant, call the Poison Center for more information.
- Small amounts of pine sap may cause skin irritation in sensitive individuals, stomach upset, or vomiting.
- The sharp needles of some pine trees can cause physical damage to throat or stomach.
- Pine cones are not to be eaten and are non-toxic.



Boxwood

- Found in wreaths and roping
- Twigs and leaves contain a substance that can cause severe vomiting and bloody diarrhea. If these symptoms occur, call the Poison Center for more information.

Suggested Nontoxic Plants - African Violet, Christmas Cactus, Spiderwort, Jade or Boston Fern. For more information of non-toxic plants click on the following link: [Brochure Toxic Plant List.PDF](#)

The Wisconsin Poison Center is here to help answer any questions you may have about poisons and poisonous plants 24/7/365.

Enjoy the Holidays,
The Wisconsin Poison Center
[1-800-222-1222](tel:1-800-222-1222)